

*Learning Disabilities Association
of Kingston*



417 Bagot St., Kingston ON K7K 3C1
(613)545-0373 (phone) (613)549 -7855 (fax)



Website: www.ldakingston.com

E-mail - ldak@ldakingston.com

LEARNING DISABILITIES
SPRING 2009 NEWSLETTER

Learning Disabilities Association of Kingston

Is now accepting candidates for our volunteer Board of Directors. Any interested individuals who are 18 years or older and living in Kingston and surrounding area are eligible. We are a United Way Member Agency. Knowledge of and/or empathy for Learning Disabilities would be beneficial. Written submissions will be accepted until March 27, 2009 at 5 p.m. A submission letter with a brief Resume/CV explaining your skills and interest can be sent to:

Nominations Committee

Learning Disabilities Association of Kingston
417 Bagot Street Kingston, Ontario, K7K 3C1
Email ldak@ldakingston.com Visit our website at www.ldakingston.com for more information.

The **LDAK AGM** is on **Monday April 27**, 7:00 p.m. at 417 Bagot St. 2nd floor. There will be a short business meeting before our regular meeting. The proposed slate of officers for 2009-2010 are:

President	TBA
Vice President	TBA
Past President	Bruce Todd
Treasurer	Pat Dudley
Recording Secretary	Judy Fox
Members-at Large	Bill Cormier David Williams Susan Herrick

Further written nominations will be accepted at the LDAK office until 21 days before the AGM date.

New Resources in Our Library!

LDAK has recently purchased many new resources for our lending library which was made possible through our recent Trillium Grant. Featured in this issue are some of the newly purchased resources.



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PLEASE POST UNTIL JUNE 12, 2009

GROUPS AND MEETINGS

LDAK ANNUAL GENERAL MEETING

To be held at 417 Bagot St. in the board room at 7pm. All are welcome to attend. Before our regular meeting starts, there will be a 10 minute business meeting.

Monday April 27, 2009

Topic:

**Strengthening Parent Relationships:
Behaviour Management Strategies for
Elementary and Adolescent Students**

Speaker:

Shelley Sayle-Udall, Community Child & Youth Counsellor, Pathways for Children & Youth



Shelley has worked for the past four years for Pathways as an In Home Intensive Worker. Previous to this, Shelley worked at the Limestone District School Board as a Behaviour Educational Assistant.

International Dyslexia Association Conference

The Ontario Branch of the *International Dyslexia Association* conference will be held in Toronto May 2, 2009 and a summer course will be offered for teachers on systematic, multisensory language instruction for the classroom.

Details at: www.idaontario.com

In Appreciation.....

LDAK wishes to thank our hard working Board of Directors and volunteers who helped make our annual Roast Beef Fundraiser Dinner a huge success!! Special thanks to Donna Goff who spear-headed our annual fundraiser at Christ Church Parish Centre.



Thank you to Reverend Peever who supported our Association for another successful year! We look forward to next years dinner!



A recreational day program for children and youth who experience social and/or learning challenges. Inclusive programming promotes self confidence, independence, decision making and cooperation. Ages 6 and up. Call Laura @613-542-0400 for more info.

Switch to Our Email List!

If you prefer to receive your newsletter by email, please email us at:

ldak@ldakingston.com to get on our email list. The money saved on postage and paper can be better spent on programming or resources for our clients.

New Resources in Our Library

The following is a list of some of our recently purchased resources

CD/DVD's:

Managing the Defiant Child - A Guide To Parent Training - Russell Barkley

Parenting the Explosive Child - Ross W. Greene, Ph.D. & Stuart Ablon, Ph.D.

The Motivation Breakthrough - Secrets to Turning On the Tuned-Out Child
Richard Lavoie

Navigating the Social World - Jeanette McAfee, M.D. - A video workshop offering creative strategies for teaching social skills in fun ways. For Teachers, Therapist and Family Members.

I've Had It With That Kid! - (CD) Dr. Ray Levy with Kelly Smith - For teachers of strong-willed and defiant students.

Facing FEAR Without Freaking Out - Trevor Romain - Promoting social and emotional fitness for kids. This animated and live-action video helps students to understand how to tackle their fears, build self-confidence and encourage strong academic performance. Grades 2-8

How To Do Homework Without Throwing Up - Trevor Romain - This live-action video helps students to develop better study skills, build self-confidence and encourage strong academic performance. Grades 2-8

BULLIES Are A Pain In The Brain - Trevor Romain - This video helps students to cope with bullies, build self-confidence and encourage strong academic performance. Grades 2-8

ADHD & LD: Powerful Teaching Strategies & Accommodations - Sandra Rief
- This video is packed with hundreds of proven and practical classroom strategies for improving the performance of all elementary school students. An excellent tool for training teachers and other school personnel in how to best educate students with ADHD and /or Learning Disabilities.

Surviving Your Adolescents: How to Manage and Let Go of Your 13-18 Year Olds - Thomas W. Phelan, Ph.D.

1-2-3 Magic - Managing Difficult Behaviour in Children 2-12 years - Thomas W. Phelan

More 1-2-3 Magic - Encouraging Good Behaviour, Independence and Self-Esteem -
Thomas W. Phelan



New Resources in Our Library

CD'S/DVD's cont'd....

Asperger's Syndrome— A Guide for Parents and Professionals - Dr. Tony Attwood

All About Attention Deficit Disorder - Symptoms, Diagnosis & Treatment: Children & Adults - Thomas W. Phelan

Books:

Understanding MY Learning Differences - Susan McMurchie For Teachers & Parents - A curriculum designed for fourth and fifth graders to help them understand their learning differences.

Understanding Girls With AD/HD - Kathleen Nadeau, Ph.D. Ellen B. Littman, PH.D. Patricia O. Quinn M.D. For parents, teachers and other professionals who want to learn how to recognize and help girls with AD/HD.



What Does Everybody Else Know That I Don't? - Michele Novotni, PH.D. Social skills help for adults with Attention Deficit/Hyperactivity Disorder (AD/HD)

Understanding Your Special Needs Grandchild - Clare B. Jones PH.D.

Survival Tips for Women with AD/HD - Terry Matlen M.S.W.

ADD-Friendly Ways To ORGANIZE Your Life - Judith Kolberg & Kathleen Nadeau, PH.D.

Stress Can really Get on Your Nerves! - Tevor Romain & Elizabeth Verdick Ages 8-13 years

Distant Drums, Different Drummers - A Guide for Young People with ADHD - Barbara D. Ingersoll PH.D. Ages 8-14 years

The Answer is NO...Saying it and sticking to it! - Cynthia Whitham, MSW - Help for Parents of 2 to 12 years olds

Early Social Behaviour Books - Nita Everly - Ages 3-6 years - There are 12 books in this series:



Can You Use a Good Voice? Can You Be A Friend? Can You Tell Me How Someone Feels? Can You Share? Can You Use Your Words? Can You Take Turns? Can You Be A Helper? Can You Stand Up For Yourself? Can You Talk To Your Friends? Can You Keep Trying? Can You Listen With Your Eyes? Can You Be Polite?

New Resources in Our Library

Games:

The Math Language Game - Understand the language needed to comprehend math concepts in word problems. Ages 8-13 Grades 3-8

The Emotions Game - Recognize the facial expression, language context and tone of voice for 12 emotions. Ages 5-10 Grades K-5

Interactive Software:

Spotlight on Reading & Listening Comprehension - Skill Area: Reading Comprehension Ages 7-10

Sounds Abound - Skill Area: Phonological Awareness Ages 4-9

Early Social Behaviour Books (Volume 1) - Skill Areas: responsibility, behaviour, sharing, turn-taking & self-confidence Ages 3-6

No-Glamour Grammar - Skill Area: Grammar Ages 5-11

No-Glamour Sentence Structure - Skill Areas: Syntax, Grammar Ages 5-9

Interactive Auditory Processing Pictures & CD - Ages 5-10 Students demonstrate competence by drawing on the laminated cards in response to your directions. Improves listening for directions, listening for clues, improves visualization, sequencing, logical thinking and problem-solving.

Franklin Spelling Ace & Thesaurus - Great for improving spelling and vocabulary. Find the right words with Franklin's patented phonetic spell correction feature that allows you to enter words as they sound. Other features include Synonyms & Antonyms, Crossword Puzzle Solver, Confusables function that identifies easily confused words ("their" vs. "they're" vs. "there").

Speaking Children's Dictionary - With spell correction! Easy-to-understand definitions, rhyme finder and word games provide fun, systematic approach to improving spelling and vocabulary and much more.

Webster's Spelling Corrector - Instant phonetic spelling correction, confusables feature clarifies words that sound alike, such as "to", "two" and "too"; 6 word games and much more!

We have also purchased software such as ***Dragon Naturally Speaking, Smart Ideas*** and ***Write Outloud***. Further information about our purchases will be available later on our website and in our next newsletter.



BLUEGRASS SERIES CONCERT

Learning Disabilities Association of Kingston

Turning Blue Bluegrass Series



March 25, 2009 Junior Sisk & Ramblers Choice

Opening Act Bill White & White Pine

Sam Coffey, Kent Coffey, Donny Catron, Doyle Catron
Based out of Memphis, The Tennessee Gentlemen have
been entertaining Bluegrass fans for over thirty years.



April 22, 2009 Wildwood Valley Boys

Opening Act Bill White & White Pine

Tony Holt and The Wildwood Valley Boys have become a favorite in Bluegrass music. Since signing with Rebel Records in 1999, the band has released five albums to date.

Individual Advanced Tickets - \$20
at the Door - \$23

For information call:

Bill White 613-372-2400

Brian Powley 613-374-3888

www.ldakingston.com or phone 613-545-0373

The Anglican Parish Centre 990 Sydenham Rd Kingston

7 pm start for all concerts



SCHOLARSHIPS

Scholarships Available to Students with Learning Disabilities

Please visit LDAC's website for a full description of the following four of LDAC's scholarships, criteria and application forms: www.ldac.ca and click scholarships

Doreen Kronick Scholarship: For graduate studies in a program which will train that student to work with persons with learning disabilities; \$500.00; application deadline is no later than **May 15**.



Carol Thompson Memorial Fund Scholarship: For students with learning disabilities to pursue college, private vocational school or an under-graduate program at a Canadian University. Value of Scholarship is \$1000.00; application deadline is no later than **May 15**.

The Donald Cummings Apprenticeship and Industry Training Scholarship for Students with Learning Disabilities: Open to students registered full-time as an apprentice in a program of 6 months or longer. Value of Scholarship is \$500.00; application deadline is no later than **May 15**.

The Joanna Townsend Applied Arts Scholarship - Awarded to a Canadian student with learning disabilities who has an interest in pursuing an education and/or career in any of the various applied arts programs. Value of scholarship is \$1000.00; application deadline is no later than **May 15**.

LDAK administers the following memorial fund: *One scholarship annually if funding permits*
Tristin Memorial Scholarship Application: \$500.00 scholarship will be given to a Canadian student with learning disabilities who demonstrates an interest in pursuing an education and/or to recognize an individual with a learning disability, who through effort and perseverance, is seeking to use his/her potential to its maximum. Postmarked no later than **May 15th**. For details: www.ldakingston.com

Other sites of Interest on Financial Assistance Programs and scholarships information for Post-Secondary Students with Disabilities:

<http://www.ldao.on.ca/landis.html>

Learning Disabilities Association of Ontario - Gloria Landis Memorial Bursary

<http://www.studentawards.com/english/can/>

Canadian database of thousands of scholarships, bursaries, fellowships, grants and other financial awards.



Roy Cooper Scholarship Award 2009: A \$1000.00 scholarship award will be given to a high school student who has a documented learning disability and will be attending University or College during the 2009-2010 school year, majoring in engineering and /or physical sciences discipline. Deadline for submission to local chapter is June 22, 2009 4pm. Please contact LDAK at 613-545-0373 for an application.

**L. D. A. K. EXECUTIVE
2009 - 2010**

President	TBA
Vice President	TBA
Past President	Bruce Todd
Treasurer	Pat Dudley
Secretary	Judy Fox
Members at Large	Bill Cormier David Williams Susan Herrick

RESOURCE CENTRE HOURS

417 Bagot St
Kingston, ON K7K 3C1

**Monday to Friday 11:30 a.m. — 4:30 p.m.
Saturday & Sunday Closed**

Resource Centre Co-ordinator
Lana Greenwood

Resource Facilitator
Janice Barling

Disclaimer

*THE LEARNING DISABILITIES ASSOCIATION
does not endorse or recommend any of the
facilities listed or any of the methods,
programmes, products or treatments offered by
such facilities.*

*Our aim is to keep the community informed about
services and facilities that are available to people
with learning disabilities.*

*We urge consumers and service providers to
review carefully any programmes and services
listed in order to select those which will meet
most appropriately the identified needs of the
person with learning disabilities.*

Membership Application Form

Name: _____

Address: _____

CITY PROVINCE POSTAL CODE

Telephone: (H) _____ (W) _____

ANNUAL DUES:(Effective April 2/04)

Family/Individual - 1 Year Fee -\$50

Student (1 Year Fee Only) - \$20

Institutional (1Year Only) - \$125

Professional (Private Practices)
1 Year Fee - \$75

I would like to volunteer to help with:

- Fundraising Membership
 Publicity Newsletter
 Other

Membership Advantages:

- ⇒ subscription to Communiqué & National
- ⇒ affiliation with local, provincial and national levels of LDA
- ⇒ free information on learning disabilities
- ⇒ free access to Kingston's resource centre and the lending library of LDA Ontario
- ⇒ discount on LDA conferences

**Your membership is important in providing
a stronger voice within all levels of the
Association.**

Please tear off and mail this form and cheque
(made out to **LEARNING DISABILITIES
ASSOCIATION OF KINGSTON**) to
Learning Disabilities Association of Kingston
417 Bagot St., Kingston ON K7K 3C1.

THANK YOU